



8U Team Name: _____

Coach Name: _____



DOB	#	ATHLETE NAME	PS 1	PS 2	PS 3	PT 1	PT 2	PT 3	JT 1	JT 2	JT 3	TOTAL

Age Range = 5-8 years old as of August 1
*Athletes may play 'up' by one chronological year but may not participate on a team with any athlete who is older or younger by 4 years.

Minimum Athletes on Roster = 8
Maximum Athletes on Roster = 16
Minimum Must Play = 4 routines per athlete



11U Team Name: _____

Coach Name: _____



DOB	#	ATHLETE NAME	PS 1	PS 2	PS 3	PS 4	PS 5	PS 6	PT 1	PT 2	PT 3	PT 4	PT 5	PT 6	JT 1	JT 2	JT 3	JT 4	JT 5	JT 6	TOTAL	

Age Range = 9-11 years old as of August 1
*Athletes may play 'up' by one chronological year but may not participate on a team with any athlete who is older or younger by 4 years.

Maximum Athletes on Roster = 16
Minimum Athletes on Roster = 8
Minimum Must Play = 6 routines per athlete



14U Team Name: _____

Coach Name: _____



DOB	#	ATHLETE NAME	PS 1	PS 2	PS 3	PS 4	PS 5	PS 6	PT 1	PT 2	PT 3	PT 4	PT 5	PT 6	JT 1	JT 2	JT 3	JT 4	JT 5	JT 6	TOTAL	

Age Range = 12-14 years old as of August 1
*Athletes may play 'up' by one chronological year but may not participate on a team with any athlete who is older or younger by 4 years.

Minimum Must Play = 6 routines per athlete
Minimum Athletes on Roster = 8
Maximum Athletes on Roster = 16